



May 2022

Greetings PW Sisters and Friends!

After the recent news of the death by suicide of country singer Naomi Judd I'm reminded just how vital mental health ministry is and will continue to be. I hope that the Spring Gathering on April 30th provided a springboard for those who are suffering or are otherwise impacted by mental illness to access the resources that are available through NAMI (National Alliance on Mental Illness) and the Presbyterian Mental Health Network.

Here's the link to the video of the gathering in case you didn't received it in another mailing - <https://www.youtube.com/watch?v=mcCjQAFwzcY>

The PW Presbytery Coordinating team will meet in June to discuss ideas for the Fall Gathering. If you have suggestions for programs you'd like to see please email me at lynne1441@gmail.com.

Many of you have now received your copy of the 2022-23 Horizons Bible Study, *Celebrating Sabbath: Accepting God's Gift of Rest and Delight*, by Carol M. Bechtel. A graduate of Hope College, Western Theological Seminary and Yale University, Bechtel is an author, teacher, and public speaker. She has taught at the Presbyterian School of Christian Education in Richmond, Virginia and now teaches at her alma mater, Western Theological Seminary. I'm looking forward to exploring this study and hope you are too!

If you would like to donate to the Spring Gathering designee, the National Alliance on Mental Health, please make your check to Cascades PW and mail to Mary Lou Williams, 14601 NW 26th Ave, Vancouver WA 98685. Please write NAMI in the memo area.

The PW Birthday Offering is celebrating 100 years of supporting ministry all over the world and currently funds up to five projects each year, in amounts of \$75,000 to \$150,000 each. I hope you will consider supporting this important ministry of Presbyterian Women. Checks made out to Cascades PW should be sent to Mary Lou Williams with 'Birthday offering' written in the memo area.

As always, thank you for your ongoing support of PW and may our paths cross in person very soon!

Lynne Martin, Moderator
Presbyterian Women in the Presbytery of the Cascades